

Module IV. SOFT

Interpersonal Skills Course **Topic 1**. Channels of Communication

Lesson 1. On site communication





In this lesson, we will learn...

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- 1. The advantages of on-site communication.
- 2. Some ideas about communication:
 - The elements of communication
 - The levels at which the communication takes place
 - Types of communication
 - Elements that cancel communication
 - Communication pathways: language
 - Communicate in a creative relationship
 - Color in communication







1. THE ADVANTAGES OF ON-SITE COMMUNICATION:

WHAT IS COMMUNICATION?

Is the **exchange** of

ideas, information, opinions or emotions that can be realized between two or more people.

It can take place in different ways:







but the most important is

FACE-TO-FACE COMMUNICATION





1. THE ADVANTAGES OF ON-SITE COMMUNICATION:

SOME ADVANTAGES

There is physical contact: Which activates physiological mechanisms that help our emotional well-being.

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- We have **non-verbal communication**: Most of the emotional information is communicated with the body and not with words.
- We pay more attention and avoid distractions.
- We avoid misinterpretations
- Strengthens our bonds
- Expand our ability to communicate





2. LEARNING ABOUT COMMUNICATION:



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Wait for the interlocutor's response to see if he or she has understood the message



When we surround ourselves with people who have had the same experiences as us, it is easier for us to communicate with them (friends, family...)



We can closely **follow the body traits and gestures** of those with whom we communicate and, in this way, we can better understand



Take into account **cultural differences** and **cultural habits** through the way I dress and the colors I use when meeting with someone





CONCLUSIONS

Our expressiveness and posture communicate much more than our words, and it is for this reason that face-to-face communication has so much power.











